



All libraries are currently offering curbside service only.
For more information, visit our website at espl.org

Raising the Green Online Auction coming in March!

"What Makes You So Strong?" Virtual Lunch Program

You are invited to spend a virtual lunch **March 17 at noon** with Reverend Doctor Paula Owens Parker, author of *Roots Matter: Healing History, Honoring Heritage, Renewing Hope*. This one-hour, free presentation will illustrate how to locate the trauma in our lives and the resilience created in response to trauma over generations.



*Healing History,
Honoring Heritage,
Renewing Hope*

Read more [here](#) or [register now!](#)

"Pick a Better Snack" Program

This spring, Eastern Shore Public Library is partnering with Virginia Cooperative Extension to launch the *Pick a Better Snack* virtual storytime event to help teach K-2nd graders about healthy snacks. Each session will present a lesson and video demonstrations focused on a new

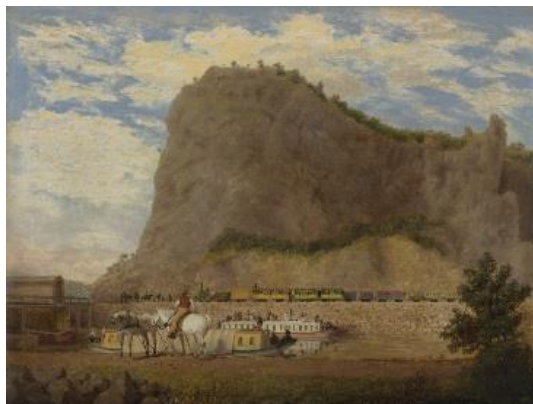


fruit or vegetable, food safety, and exercise. Join us on Zoom every **Wednesday at 4:00 p.m. from March 3rd to April 7th**. Families can register for this free event by emailing youthservices@espl.com or calling Cooperative Extension at 757-678-7946 ext. 22.



VMFA Artmobile

The Virginia Museum of Fine Arts' "VMFA On The Road" artmobile will return to the Shore **April 7-10**. Visiting the exhibit in Nassawadox and Onancock is free and open to the public, however a reservation is required to allow for the social distancing measures in place.



To reserve a 15-minute appointment [click here](#) or call the library at 757-787-3400.

This painting by George Harvey (1799-1880) is one of the artworks featured in the VMFA artmobile exhibit. This year's theme is "A View from Home: Landscapes of Virginia."

Read more [here](#).

"What Every Retiree Should Know" Social Security Webinar

ESPL is hosting a free virtual program by the Shore's SSA Public Affairs Specialist on Friday, **April 2, at 12:00/noon**. This 30-minute program is specifically designed for those already receiving Social Security benefits. Registration is required and attendance can be by phone or online. To register, [click here](#) or call the library at 757-787-3400.



Join us to learn more about fraud prevention, survivor benefits, SSA's online services, and concerns about the solvency of Social Security trust funds.

March is National Nutrition Month

March is National Nutrition Month and ESPL is featuring activity bags for kids! Nutrition-themed kits will be

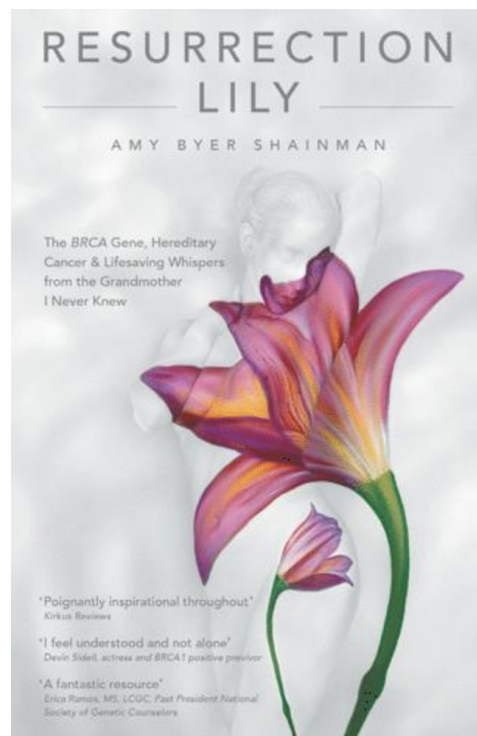
available at the libraries in **Accomac** and **Nassawadox** beginning in March.

Each kit includes a fruit basket craft, a nature-themed activity sheet, and a word search! Simply call either library to schedule a time to pick-up an activity bag.



National Library of Medicine Book Club

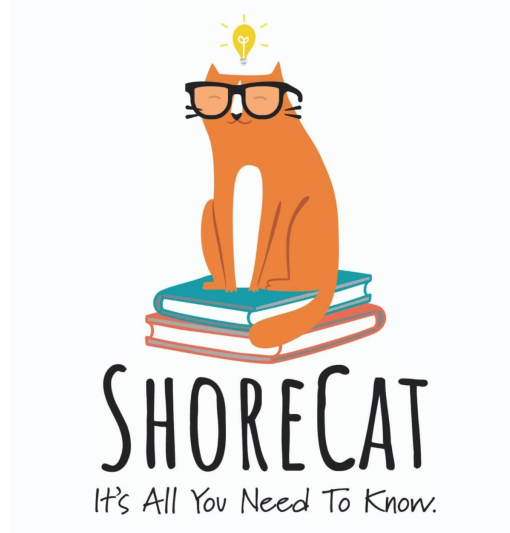
As a National Library of Medicine partner, ESPL is promoting the NNLM Reading Club upcoming free live book club event featuring Amy Byer Shainman, author of *Resurrection Lily*, and Ellen Matloff, Certified Genetic Counselor, and President and CEO of My Gene Counsel, a digital health company that provides scalable, updated genetic counseling solutions. In this powerful one-hour live stream event, these two genetic cancer experts will share their story and knowledge and answer your questions. [Watch the live event here](#) **March 11th at 3:00 p.m.**



Automatic Renewals Are Here

Sometimes when life is busy, due dates for your borrowed library materials can come and go before you even notice. Thanks to a new feature in our library software, most checked out items will automatically renew to give you more time to enjoy them and less stress about return dates.

[Learn more here.](#)



[Click here to read the latest
Library System Monthly Reports](#)

The Eastern Shore Public Library System



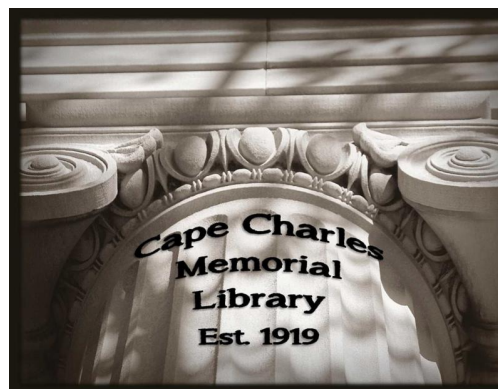
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